

Secrets to A Great Marriage

(Psalm 127:1) Unless the LORD builds the house, its builders labor in vain.

1. Pay _____!

A breakdown of the communication process:

- ____% of communication is... tone & voice inflections
- ____% of communication is... Facial expressions, posture, gestures and body language
- ____% of communication is... Words alone.

(Proverbs 15:1) A gentle answer turns away wrath, but a harsh word stirs up anger.

*(Deuteronomy 30:19) This day I call heaven and earth as witnesses against you that I have set before you **life and death, blessings and curses.** Now **choose life**, so that you and your children may live.*

It's listening without trying to:

- Find a _____ in the person.
- Discover a _____ in the argument.
- Gain time for a _____.

5 Rules of engagement to effective communication:

1. Open _____ - this speaks to body language.
2. Encouraging _____ & acknowledging _____.
3. Eye _____.
4. _____.
5. Set the _____.

2. Train Your _____.

Negative words don't make a person _____.

*(Proverbs 18:21) "Life and death are in the **power of the tongue.**"*

Five most important words in a human relationship: "_____!"

Four most important words: "_____?"

Three most important words: "_____"

Two most important words: "_____"

Least important word: "_____"

3. Be "_____."

(Mark 10:13-16 NIV) He said to them, "Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these. And he took the children in his arms, put his hands on them and blessed them."

(Luke 6:19 NIV) "And the people all tried to touch him, because power was coming from him and healing them all."

(1 Timothy 4:14 NIV) "Do not neglect your gift, which was given you through a prophetic message when the body of elders laid their hands on you."

The 5A's Benefit of Meaningful Touch

1. _____!
2. _____!
3. _____!
4. _____!
5. _____!